



Mosaic Training Session: Human Rights

General Information

Training Name: Mosaic Training	Trainer: Safiya Dhanani, Peter Schubert
Duration: 90- 120 minutes	Email Address: peter.schubert@de.cisv.org

Expected Outcomes(s):
<ul style="list-style-type: none"> ▪ Participants will get an overview of existing human rights, where these rights play a role or are being violated in their daily life ▪ Participants will be able to identify local needs/issues by means of the declaration of human rights ▪ Participants will be able to transform their identified problems into potential projects
Training Session Description:
<ul style="list-style-type: none"> • Through a variety of activities (see below) participants will be guided through a process of identifying situations in the local community where human rights are violated towards transforming these problems into concrete projects.

Training Session

Element, Goal(s) & Indicator(s)	Activity	Materials	Time	What are participants doing?
Module 1, Element 2+4	<p>Hand out the abbreviated version of the Universal Declaration of Human Rights, give participants a few minutes to read through the articles and clarify questions.</p> <p>Human Rights Image Activity (Amnesty International):</p> <ul style="list-style-type: none"> • Show the cartoon (using a projector) • Participants are to identify where in the picture human rights are being addressed or violated <p>After having got an overview of the different human rights articles this activity serves to show where and how human rights play an important role in an everyday life situation.</p> <ul style="list-style-type: none"> • Participants share which human rights articles they identified in the picture 	<p>Projector, Amnesty International materials: Putting Human Rights on the Map activity; and the picture for the activity</p>	30 minutes	Do, Reflect, Generalise
Module 1, Element 2+4	<ul style="list-style-type: none"> • Hand out Amnesty International Country Reports (corresponding to origin of participants) which show where and what human rights are prominently violated in their country. • Participants are then asked to identify concrete examples of human rights violations in their community. The previous activities as well as the Amnesty reports serve as inspiration for this. This is to go from the abstract level to 	<p>Amnesty International country reports; access here. See Appendix 1 for complete</p>	40-50 minutes	<i>Apply</i>

Element, Goal(s) & Indicator(s)	Activity	Materials	Time	What are participants doing?
	identifying concrete human rights violations in the local community.	URLs.		
Module 2, Element 5	<p>Based on the local issues identified in the previous activity, introduce the model of problem/solution tree which helps transforming a specific problem into action.</p> <p>1. Problem tree: draw a tree and write...</p> <ul style="list-style-type: none"> • 'Causes' on the roots • 'Problem' on the trunk • 'Consequences' on the branches <p>Ask participants to choose a specific or commonly identified problem (e.g. bullying). By means of the problem tree analyse the problem by identifying causes (e.g. insecurity, egocentricity in the case of bullying) and consequences (e.g. bullying in the future) for the community.</p> <p>Introduce the goal tree.</p> <p>2. Goal tree: draw a tree and write</p> <ul style="list-style-type: none"> • 'Actions' on the roots • 'Goal' on the trunk • 'Impact' on the branches <p>Ask participants to rephrase the problem into a goal (e.g. raising awareness for negative consequences of bullying for the</p>	Flipchart paper	40-50	Do, Reflect, Generalise, Apply

Element, Goal(s) & Indicator(s)	Activity	Materials	Time	What are participants doing?
	<p>community). Then, come up with concrete activities one could organise as part of a project that addresses the goal.</p> <p>The concept of a problem and goal tree is not just a good visualisation of transforming a problem into a project but it is also a tool to use in the course of project planning. Having a distinct analysis of the problem you are dealing with will help to ensure your actions will actually address the causes of the problem.</p>			

Lessons Learned

What did you learn from this session?

Human rights are usually discussed on a very abstract level which makes it difficult to adopt them to the local context. In order to take local action against human rights violations (as stimulated through Mosaic) participants go through a top-down (from general and abstract human rights to specific issues in our communities) process in order to apply the declaration on human rights to the local context. Having identified locally relevant human rights violations (problems), participants will be given a tool to transform the problem into goals and concrete initiatives.

This session can be run as one of the first sessions in a Mosaic training as it helps participants to understand “how to think Mosaic”.

Tips for Facilitators:

If you have time left at the end of the session, I recommend engaging in a discussion on how CISV as non-political organization can take action in favour of human rights.

Appendix 1: Web sites used in this session

Amnesty International country reports can be accessed through Amnesty International’s website (www.amnesty.org) at this location:

<http://www.amnesty.org/en/annual-report/2013/world-by-region> (last accessed June 24th, 2013)

The **educational activity** called Putting Human Rights on the Map is accessible from Amnesty UK’s website at

http://www.amnesty.org.uk/uploads/documents/doc_18560.pdf (last accessed June 24th, 2013). The activity requires a **picture** which can be downloaded from this location: http://www.amnesty.org.uk/uploads/documents/doc_16933.pdf (last accessed June 24th, 2013).